

# You'll only find this seal on one bromelain product.



## HIGHEST POTENCY AVAILABLE

As with many other kinds of supplements, potency plays a key role in delivering an enzyme's useful benefits. In the case of bromelain, the list of benefits is longer than you may have thought. It includes support of the immune system and respiratory function, pain management, allergy control, and vein support. Known for its enzymatic and immune-modulating activities, bromelain is also known for its contributions to joint health maintenance and healthy circulation. The ability of the thiol-endopeptidase enzymes in bromelain to break down proteins leads to bromelain's most noted health-promoting properties.

### How is Bromelain Potency Measured?

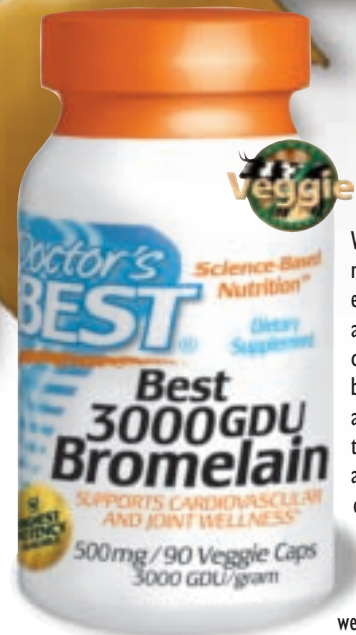
Bromelain's enzymatic activity is key to the reactions which provide its many benefits, and potency is directly tied to higher activity. GDU, or gelatin-digesting units, are a common measure of bromelain's potency and **Best 3000 GDU Bromelain currently has the highest potency bromelain available on the market.**

### What the Research Indicates

In vitro trials have shown that bromelain can alter immune cell secretion of cytokines in a way that would be favorable for maintaining balance in the human immune system. There is also in vitro evidence that bromelain can alter T cell signal transduction, facilitating immune cell commu-

## Introducing Best 3000 GDU Bromelain

nication, which would also contribute to a balanced immune response in the human body. Again, bromelain's enzymatic activity is key in these reactions. Several clinical studies have revealed the effects of bromelain on the musculoskeletal system, joint health, circulation, and respiratory health. Evidence also suggests that bromelain can modulate adhesion molecules on blood cells and the cellular lining of blood vessel walls, thereby promoting healthy circulation. Bromelain does so through its proteolytic activity—cleaving proteins from the surface of cells.



While bromelain is most noted for its enzyme activity, not all of the physiological activity of bromelain can be attributed to its protease activity. It appears that the other compounds within bromelain act synergistically to provide its wealth of benefits.

Given its wide range of activity, bromelain can be valued as a factor in healthy maintenance of multiple systems in the human body.

### Always Recommend the Best

Best 3000 GDU Bromelain is a science-based formulation manufactured with the highest quality materials available, delivered at unsurpassed potency and priced more affordably than many other bromelain products of lesser potency. For more details, call 800-333-6977, or visit our informative website at [www.drbitamins.com](http://www.drbitamins.com).

**Doctor's BEST.**  
Because you deserve it.