



The latest discovery in the Amazon rainforest is headed your way.

Get the Antioxidant Power of Best Camu Camu 4:1 Extract.

Scientists suspect that the Amazon rainforest holds a cornucopia of yet undiscovered healing plant-life. So its impending destruction has motivated botanists to identify as many plants as possible before they may become extinct. We have become increasingly aware of the truly symbiotic relationship we have with the rainforest and the inter-dependence for mutual survival that we share with it. It is no small irony that the sustainable growth and export of many rainforest plants and herbs may represent the best chance to slow down the slashing of the Amazon rainforest. It will not survive without our active protection, and we are discovering more of its life-preserving herbs and plants every day. One of the most recent examples of that is the highly nutritious tropical fruit called camu camu. What makes its discovery even more remarkable is that it has never been documented as a traditional herbal remedy in the Amazon and, in fact, it was not widely eaten by the indigenous people due to its sour, acidic taste.

What Does Camu Camu Offer?

Camu camu's main growing areas are near the Peruvian border with Brazil, and the fruits are the size of lemons and orange to purplish in color. Due to its high

vitamin C content, camu camu is becoming a widely used ingredient in dietary supplements. Camu camu also contains calcium, beta-carotene, protein, leucine, thiamin, valine and serine, and it is believed that it can help fight free radicals due to its high antioxidant properties. The camu camu fruit contains the highest documented quantity of natural vitamin C on Earth. It has up to three times more vitamin C than Acerola. Compared to oranges, camu camu has 30 times more vitamin C, three times more niacin, ten times more iron, double the amount of riboflavin and 50% more phosphorus. Camu camu also contains 711mg of potassium per kilogram, and provides a full complement of minerals and amino acids that can improve the absorption of vitamin C.

Synthetic vs Natural Vitamin C.

Synthetic vitamin C does not contain the many benefits found in 100% natural vitamin C. Virtually all vitamin C supplements are actually ascorbic acid, potassium ascorbate, magnesium ascorbate and/or calcium ascorbate. They are often made from genetically modified corn sugar. While synthetic vitamin C has a higher number of milligrams of vitamin C, clinical evidence suggests that the naturally occurring C in camu camu

is far more effective than synthetic vitamin C (ascorbic acid), even Ester C.

Don't Believe Everything You Read.

While there is some research suggesting high dosages of vitamin C offer a benefit for various illnesses and conditions, some of those studies are controversial. Make no mistake, camu camu is a great source of natural vitamin C and it comes with many other naturally occurring vitamins, minerals, and amino acids. However, don't believe some of the more extreme marketing claims that you may see about camu camu today. The only studied and verified health benefit today regarding camu camu is based upon its vitamin C content, rather than the other mysterious chemicals that surround it.

Always Recommend the Best.

To find out more about Best Camu Camu 4:1 Extract, or any other Doctor's Best product, call us at 800-333-6977, or visit our informational website at www.drbitamins.com.

**Doctor's
BEST**
Because you deserve it.